

Jockeys in Lockdown

With Flat racing having been suspended for 11 weeks and Jump racing not returning until July, it has been a challenging time for everyone in racing but jockeys have certainly been keeping themselves busy and we've enjoyed helping many to improve their skills and gain new qualifications during lockdown.

Many Jump jockeys have been staying fit and active riding out at Flat yards for example Aidan Coleman at Joseph O'Brien's and Rex Dingle at Roger Charlton's. Conditional Ed Austin has had some success buying and selling horses and is working towards his Level 3 in Racehorse Care and Management whilst many others have been busy working on family farms.

Flat jockeys have also been busy with many finding interesting and varied ways to fill their time. Mitch Godwin has been busy setting up a new online equestrian business, Richard Kingscote has done a motorcycle maintenance course as well as helping out his wife with her baking business whilst Stevie Donohoe worked on a number of landscaping and building projects and is planning to develop the business further alongside his riding.



“ The break did me quite a bit of good. There was an initial worry about when you'd be earning next but with the government help and the PJA definitely helped relieve those worries. If it wasn't for JETS I couldn't have done the motorbike course. I learned a lot in a short space of time. It's given me much more confidence working on my bike and it got me out of the house doing something I'm really interested in. It's really good to get involved in other areas as it helps you figure out what you want to do after riding. ”

Richard Kingscote

WHO'S TRAINING NOW

Listed below are just some of the training courses that jockeys have been doing in lockdown:

JAMES BOWEN

Foundation Certificate in Bookkeeping

ELLIE MACKENZIE

Level 4 - Training Thoroughbred Horses for Performance

RHIAIN INGRAM

Level 4 - Management of the Purchase and Sale of Thoroughbred Horses

KATHY BEGLEY

'A' Level Chemistry

PAUL HANAGAN

Level 3 Diploma in Racehorse Care and Management

PAUL MULRENNAN

Level 3 Diploma in Racehorse Care and Management

WOULD YOU LIKE TO DO SOME TRAINING?

Get in touch...

Whilst we're still not doing face to face catch ups Phil and Lisa are only a phone or video call away. There are plenty of courses still available to complete online and are also happy to arrange bespoke training for example for jockeys who'd like to brush up on their communication or media skills.



Richard Davis Awards 2020 ENTRIES OPEN!

Entries are now open for the Richard Davis Awards. Our annual career development Awards have been won over the years by a host of talented individuals who've made great strides in their second careers. The date and format of this year's awards are obviously still to be confirmed but we encourage as many jockeys to enter and have another reason to make 2020 memorable!





THE JOCKEY CLUB

**THE JOCKEY CLUB
ACHIEVEMENT AWARD**

The top Award designed for those jockeys who have significantly achieved in pursuing their new chosen careers and is worth £3,000 to the winner with two runners-up prizes of £500 each.



IJF PROGRESS AWARD

Worth £2,000, this Award rewards the early progress of those jockeys who have more recently started out on a new career/training path (in previous two years).



BHA CURRENT JOCKEY CPD AWARD

With a prize of £1,000, this award is exclusively for currently licensed jockeys who have shown real commitment to their Continuing Personal Development whilst riding or during injury time out in order to enhance their development as a jockey and/or to prepare for their future careers.

HOW TO ENTER

Entry forms can be found on the website. We're also accepting video entries for the first time this year. Please speak with your jockey coach, Lisa or Phil if you'd like advice on how to complete your entry. **Entries close on Friday 4th September.**



**Coming Soon...
NEW JOCKEY MATTERS FILM**

Alcohol and drug abuse is unfortunately an issue that can affect some jockeys and is the subject of our next Jockey Matters film. We've spoken to jockeys Ray Dawson and Kieran Shoemark on how they've overcome drug and alcohol addictions which we hope will be useful to share with others who may also be suffering. The film will be live in the coming weeks.

DID YOU KNOW?

The PJA has a new website.

It is packed with loads of useful information for jockeys including all the relevant support networks in place for jockeys to maximise their careers both in and out of the saddle. We encourage those of you who haven't already to have a browse and familiarise yourself with all the information.



**CAREER
CASE STUDIES**

JETS helps jockeys go on to enjoy a wide range of second careers as demonstrated by our two most recent case studies.

Former Conditional **Joe Cornwall** is now working as an Investment Manager and has recently been highlighted as one of the prestigious Citywire Top 30 Under 30 Wealth Managers. He carried out his finance exams whilst still riding and says that his background as a jockey helped him secure his job, providing a point of interest for his employer and his clients.

We were thrilled to hear that former Apprentice jockey **Kylie Manser-Baines** has recently qualified as a firefighter with the London Fire Brigade, something she has always wanted to do. Kylie is managing to carry out this new role alongside her racehorse rehoming business allowing her to combine her two passions in life and is finding both elements of her career extremely rewarding.

You can find a range of different case studies on the Jockey Stories section of our website.



CONTACT JETS



Follow us @JETS4Jockeys or like us!

It's the best way to stay in touch and maximise opportunities even if you're only starting out on your jockey career.



Lisa Delany (JETS Manager and Jockey PDM)
07919 417462 | lisa@jets-uk.org



Phil Kinsella (Jockey PDM)
07970 673351 | phil@jets-uk.org



Kate Struthers (PR & Marketing)
07980 661003 | kate@jets-uk.org